Breakout Session Guide: Day 2

August 13, 2019

Use this guide to review continuing education credits and select breakout sessions for Day 2. When registering online, please follow instructions and select only one presentation for each breakout session.

**Continuing Education: Professional Acronyms**

**CNE**: Nursing Continuing Education

<table>
<thead>
<tr>
<th>Acronym</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>ALF</td>
<td>Assisted Living Facility Manager</td>
</tr>
<tr>
<td>CNA</td>
<td>Certified Nursing Assistant</td>
</tr>
<tr>
<td>DAHS</td>
<td>Day Activity &amp; Health Services Manager</td>
</tr>
<tr>
<td>TG</td>
<td>Texas Guardian (pending)</td>
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<tr>
<td>HH</td>
<td>Home Health Manager</td>
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<tr>
<td>Ho</td>
<td>Hospice Manager</td>
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<tr>
<td>LCDC</td>
<td>Licensed Chemical Dependency Counselor</td>
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<tr>
<td>LNFA</td>
<td>Licensed Nursing Facility Administrator</td>
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<tr>
<td>LPC</td>
<td>Licensed Professional Counselor</td>
</tr>
<tr>
<td>O</td>
<td>Long-Term Care Ombudsman</td>
</tr>
<tr>
<td>LP</td>
<td>Licensed Psychologist</td>
</tr>
<tr>
<td>MFT</td>
<td>Marriage and Family Therapist</td>
</tr>
<tr>
<td>OT</td>
<td>Occupational Therapist</td>
</tr>
<tr>
<td>PT</td>
<td>Physical Therapist (pending)</td>
</tr>
<tr>
<td>PTA</td>
<td>Physical Therapy Assistant (pending)</td>
</tr>
<tr>
<td>PAS</td>
<td>Personal Assistance Services</td>
</tr>
<tr>
<td>RD</td>
<td>Registered Dietician</td>
</tr>
<tr>
<td>SW</td>
<td>Social Work</td>
</tr>
</tbody>
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**7 – 8 a.m.**

**Registration**

**Opening Remarks**

8 – 8:15 am

Michelle Dionne-Vahalik, DNP, RN

Director, Quality Monitoring Program

Medicaid and CHIP Services

Medical and Social Services, HHS

**Opening Keynote Address**

8:15 – 9 am

Engaging Hispanics in a Complex Healthcare Environment

Veronica Cool, MSF

This presentation will address demographics, cultural traits and behavior of Hispanic and Spanish speaking population. Raise awareness and understanding among providers, administrators, and staff to improvement engagement and service of Hispanic population. (.75 CNEs)

**9 – 9:20 am**

Break
Breakout Session 1

9:20 – 10:50 am

(CHOSE ONE)

☐ Aging, Intellectual/Developmental Disabilities and Dementia: What Does This Mean to Texas? Panel discussion on the impact of aging adults with IDD in Texas with dementia and the increasing demand on state and programmatic resources. (1.5 CNEs) (1.5 Ethics CEs: ALF, CNA, DAHS, HH, Ho, LNFA, LPC, LP, MFT, O, OT, PAS, RD, SW)

☐ Avoiding Caregiver Burnout with the S.A.N.E.™ Method Navigate caregiver burnout with Kari Berit's S.A.N.E. Method – Supported, Appreciated, Not Guilty, and Energized. (1.5 CNEs) (1.5 Ethics CEs: ALF, CNA, DAHS, HH, Ho, LNFA, LPC, LP, MFT, O, OT, PAS, RD, SW)

☐ Creating Dementia Capable Systems of Care Texas Takes on Dementia project and how organizations and health systems can implement key processes, strategies and tools essential to become more dementia capable. (1.5 CNEs)

☐ Dementia Care Practice Recommendations The Dementia Care Practice Guideline provides the cornerstone for how care should be delivered across all long-term care and community-based settings. (1.5 CNEs)

☐ Meaningful Engagement to Enhance Quality of Life Steps to implement meaningful engagement activities, both individual and group. (1.5 CNEs)

☐ Music & Memory and the Brain Fun and interactive activities around music listening while learning about the neurochemistry of music as a therapeutic intervention. (1.5 Ethics CEs: ALF, CNA, DAHS, HH, Ho, LNFA, LPC, LP, MFT, O, OT, PAS, RD, SW)

☐ Palliative Care in Long-Term Care: The Basics of Serious Illness Care – Part 1 Providing care for persons with serious illness living in long term care settings, including symptom management, advanced care planning, and prognostication. (1.5 CNEs)

☐ Supporting Nutritional Outcomes in Dementia Through the Interdisciplinary Team Handfeeding strategies for improving meal intake in older adults with dementia. (1.5 CNEs)

☐ Working Through Ethical Dilemmas in Long-Term Services and Supports Ethical decision-making framework to complex case studies in a nursing facility, psychiatric hospital, and home settings. (1.5 CNEs) (1.5 Ethics CEs: ALF, CNA, DAHS, HH, Ho, LNFA, LPC, LP, MFT, O, OT, PAS, RD, SW)

10:50 – 11:10 am Break
Breakout Session Guide: Day 2

Breakout Session 2

11:10 am – 12:40 pm
(CHASE ONE)

- **Beyond the Maze: Connecting with the New Aging Generations** Old beliefs resulting in outdated approaches in serving new generations. New pathways examined. (1.5 CNEs)

- **Emergency Preparedness for At-Risk Populations** Disaster preparedness for at-risk populations including children, elderly persons, people with disabilities, and more. (1.5 CNEs)

- **Hispanic Engagement and Workforce Development** Updated demographics, cultural traits, behavior of the Latino population; along with practical tactics to improving engagement. (1.5 CNEs) (1.5 Ethics CEs: ALF, CNA, DAHS, HH, Ho, LNFA, LPC, LP, MFT, O, PAS, RD, SW)

- **Fraud to Vulnerable Individuals** Fraud victimizing vulnerable individuals, tips on what people can do to stop or avoid scams/fraud, and the role of the Attorney General Consumer Protection Division in addressing fraud. (1.5 CNEs) (1.5 Ethics CEs: ALF, CNA, DAHS, HH, Ho, LNFA, LPC, LP, MFT, O, PAS, RD, SW)

- **Palliative Care in Long-Term Care: Implementing High Quality Palliative Care for Persons with Serious Illness—Pt 2** Evidence-based models that can be used to implement effective, high quality palliative care for persons with serious illness living in LTC settings. (1.5 CNEs)

- **Person Centered Process** Introduction to person centered process, the concept of person-centered thinking through an overview and practicing skills. (1.5 CNEs) (1.5 Ethics CEs: ALF, CNA, DAHS, HH, Ho, LNFA, LPC, LP, MFT, O, OT, PAS, RD, SW)

- **Supporting Nutritional Outcomes in Dementia through the Interdisciplinary Team – Repetitive Session** Caregivers handfeeding strategies for improving meal intake in older adults with dementia. (1.5 CNEs)

- **Texas Board of Nursing: Laws and Rules Related to Scope of Practice, Safe Harbor, and Nursing Delegation** Information pertaining to scope of practice, safe harbor, and nursing delegation. (1.5 CNEs)

- **Trauma Informed Care – Part 1: Introduction to Trauma** Trauma-informed care; trauma types, sources, triggers and statistics. (1.5 CNEs) (1.5 Ethics CEs: ALF, CNA, DAHS, HH, Ho, LNFA, LPC, MFT, O, OT, PAS, RD, SW)

- **Virtual Dementia Tour®: Life through Their Eyes** A real-life experience of dementia that allows care providers to gain a deeper understanding of the complications of cognitive impairment.

12:40 – 2 pm

Lunch (on your own)
**Breakout Session 3**

2 – 3:30 pm

(CHOSE ONE)

- **Culture Change in Action!** Breaking the cycle from traditional approach to embracing person center care through culture change. (1.5 CNEs)

- **Panel Presentation: Substance Abuse with Older Adults** Community organizations and resources available to help address aging needs and substance abuse issues. (1.5 CNEs)

- **Panel Presentation: Telemedicine – Telehealth** (1.5 CNEs)
  
  *Texas Medicaid Coverage of Telemedicine and Telehealth Services* Medicaid reimbursement for telemedicine and telehealth services.

  *Telemedicine: Connecting the “Dots” between Forces Driving Person-Centered Care and Quality Improvement* Telemedicine can connect the "dots" between the external and internal "forces" driving person-centered care and quality improvement; how Telemedicine works to fill quality, work force and stakeholder satisfaction gaps.

- **Person Centered Process – Repetitive Session** Introduction to person-centered process, the concept of person-centered thinking, overview and practicing few skills. (1.5 CNEs) (1.5 Ethics CEs: ALF, CNA, DAHS, HH, Ho, LNFA, LPC, LP, MFT, O, OT, PAS, RD, SW)

- **Putting Prevention in Your Hands: Advocate for Excellence** Principles of infection prevention and empower patient and caregiver to ask meaningful questions about care. (1.5 CNEs)

- **Serving the Hispanic Community** Updated demographics, cultural traits, behavior of the Latino population, tactics to improve engagement. (1.5 CNEs) (1.5 Ethics CEs: ALF, CNA, DAHS, HH, Ho, LNFA, LPC, LP, MFT, O, OT, PAS, RD, SW)

- **Trauma Informed Care – Part 2: Path to Healing and Wellness** Identify interventions and strategies that could be used when implementing a trauma informed care approach. (1.5 CNEs) (1.5 Ethics CEs: ALF, CNA, DAHS, HH, Ho, LNFA, LPC, MFT, O, OT, PAS, RD, SW)

- **Understanding and Solving Behaviors in Long-Term Care Settings** Types of trauma, behavior levels, factors influencing behavior, unresolved trauma. (1.5 CNEs)

- **You Want What?! Respecting Residents’ Choice and Other Rights** Problem solving strategies to address complex residents’ rights issues related to self-determination and choice in LTC settings. (1.5 CNEs) (1.5 Ethics CEs: ALF, CNA, DAHS, HH, Ho, LNFA, LPC, LP, MFT, O, OT, PAS, RD, SW)

- **Virtual Dementia Tour®: Life through Their Eyes** A real-life experience of dementia that allows care providers to gain a deeper understanding of the complications of cognitive impairment.

3:30 – 3:40 pm

Break
Finding Gratitude and Positive Meaning in Family Caregiving
Barry J. Jacobs, Psy.D

Family caregivers often experience strains and gains from caregiving. We will discuss ways of maximizing the gains through positive meaning-making.

(1.0 CNEs) (1.5 Ethics CEs: ALF, CNA, DAHS, HH, Ho, LNFA, LPC, LP, MFT, O, OT, PAS, RD, SW)

Michelle Dionne-Vahalik, DNP, RN
Director, Quality Monitoring Program
Medicaid and CHIP Services
Medical and Social Services, HHS

Texas Health and Human Services Commission Long-Term Care Regulatory Services is an approved provider of continuing nursing education by the Texas Nurses Association – Approver, an accredited approver with distinction, by the American Nurses Credentialing Center’s Commission on Accreditation.

For this conference, the Texas Health and Human Services Commission Medicaid and CHIP Services will offer continuing education credits for licensed social workers, licensed marriage and family therapists, registered dietitians, certified nurse aides, LTC ombudsmen, guardianship, assisted living facility managers, licensed nursing facility administrators, nursing facility activity directors, licensed psychology professionals, licensed professional counselors, physical therapists, occupational therapists, Day Activity and Health Services managers, and home health and hospice managers.